

A woman with long red hair, wearing a blue hard hat, safety glasses, a red hoodie, and brown overalls, is looking down at a document she is holding. She is in a factory or industrial setting. In the background, other workers in blue shirts and brown overalls are visible, along with industrial equipment and a table with a red tool.

# Know your responsibilities as a worker

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A safe and healthy workplace is everyone's responsibility

Alberta 

# Know your legal responsibilities and what to expect from others.



## As a worker, your responsibilities include:

- protecting yourself, your coworkers and others.
- following the health and safety rules for your job.
- asking for training if you don't know how to do something.
- using all hazard controls and wearing the required personal protective equipment (PPE).
- not causing or participating in violence and harassment.
- immediately reporting danger (including violence and harassment) to your supervisor or employer.
- telling your supervisor or employer if you have a physical, mental or emotional issue that could affect your ability to work safely.
- only doing dangerous work if you are competent to do so, or are directly supervised by a worker who is.
- following other occupational health and safety (OHS) requirements.



## Your employer's responsibilities include:

- making sure you have the training, qualifications and experience needed to do your work safely.
- providing you with competent supervisors.
- preventing violence and harassment in your workplace.
- inspecting the space and informing you of, and protecting you from, all the hazards of your job.
- providing you with specific PPE to use.
- investigating all serious and potentially serious incidents.

### Supervisors' responsibilities include making sure you:

- work safely.
- follow health and safety rules.
- aren't subject to and don't participate in violence or harassment.
- know the hazards of your work area.

Have concerns or questions, need to talk or want more information? Phone the OHS Contact Centre. You don't have to give your name to OHS. Calls can be anonymous.

**1-866-415-8690** (Throughout Alberta) 780-415-8690 (Edmonton) 1-800-232-7215 (TTY)